



The Enrichment Centers, Inc. offers a full array of Social Skills & Wellness programs.

Parents have the freedom to choose from many different programs that teach their children basic etiquette, manners, build self-esteem, as well as yoga, "Mindful Learning" & more!



- All Ages & Levels
- Throughout MD/DC/VA
- We Can Come To You
- After-School & Weekend Classes
- Summer Programs
- Year-Round Programs
- Individual or Small Group

www.enrichmentcenters.com

The Enrichment Centers, Inc.

Social Skills and Wellness

301.229.8000

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Social Skills and Wellness Programs

- Mindful Learning
- Basic Etiquette
- Communication Skills
- Young Woman Power
- Kids Who Care
- Meditation & Yoga
- Wellness
- Building Self Esteem
- Friendship Basics
- Big Brothers/Big Sisters



Visit Our Website For More Info
On Our Programs & Classes!

www.enrichmentcenters.com